



This Month's Lesson:

Anchored in Hope

Where do
we find
hope?

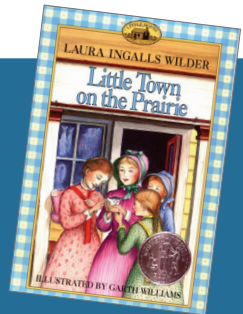
1. Look to God
2. Look to Families
3. Look to the Constitution
4. Look for Moral and Virtuous Leaders

Objective:

This theme introduces the four fundamentals of liberty.

These are: God, Family, The Founders' Constitution, and Virtuous and Moral Leadership.

We need them to stay anchored in hope as we secure and maintain the blessings of liberty for ourselves and our posterity.



**Read-Aloud Book
of the Month:**

*Little Town on the
Prairie* by Laura
Ingalls Wilder

Weekly Lessons:

Week One: Read the story "Anchored in Hope" & Let's Explore Questions

Week Two: Let's Explore Questions & Demonstration Activity

Week Three: Let's Explore Questions & Watch a Movie

Week Four: Let's Explore Questions & Watch a Video

Week 1 : Lesson



Read the Story:

Anchored in Hope

There once was a man who went fishing on the big Mississippi River.

While he was fishing, his little boat got caught in a current that took him away from the safety of the river lock and pulled him into the path of a waterfall.

At the edge of the waterfall, the man's boat got stuck between two rocks. The rocks saved him from falling over the waterfall, but they also kept him stuck in the middle of the river with no way out. The water current was too strong to send another boat to rescue the man, so the emergency responders sent a helicopter to get him out of the boat and away from the waterfall.

The man was afraid, but his rescuers were very patient and careful as they talked to him. They told him to have hope and promised that they would do their very best to rescue him. The men in the helicopter lowered a man in a harness with a cable, and that man tied the man in the boat to him so they were both lifted off the dangerous boat, away from the waterfall, and into the safety of the helicopter.

The rescue was a success because everyone involved stayed calm and put their trust in the hope that everything would turn out right.

1. Look to God. He is the source of our freedoms and blessings. The God of our Fathers was instrumental in establishing this free government, and we must look to Him to help us preserve it. In a day when men and governments are debating over who has authority to bestow "rights" upon the people, we must stand firm in the truth found in our Declaration of Independence that states, "all men are created equal, that they are endowed by their Creator with certain unalienable rights, that among these are Life, Liberty, and the pursuit of Happiness."

“Without God there can be no American form of Government, nor an American way of life. Recognition of the Supreme Being is the first, the most basic, expression of Americanism. – **President Dwight Eisenhower**

Let's Explore

Questions to Ask!

What is hope? The dictionary defines hope as a belief, even a confidence, that the future event is attainable. Hope is an anchor during the winds of adversity. Hope is the antidote for discouragement and despair. Hope is the fuel that propels us towards success.



How do we find hope? The incident with the man in the boat suggests two vital steps.

1

First, we must shift our focus from the problem to the solution. When the gentleman in the boat could only see the force of the water that was surrounding him, his fear intensified. But when he shifted his attention to the rescuers above, a feeling of hope gave him courage to hang on and do his part.

Second, we must recognize that our solution is trustworthy. We need to have confidence that the plan will work. By identifying and executing a viable solution, we pave the way for hope to pour into our souls.

2

Ask children to give an example of something they have hoped for.



Activity: Listen to Music

With your kids, listen to the song **When You Believe** from the Prince of Egypt soundtrack.

Click here: <https://www.youtube.com/watch?v=GYgNFxH4taM>

Ask the children, what is a miracle? What miracles have happened to you? How would you feel if you were with Moses when he parted the Red Sea? Do you think you would be scared? Excited?



Suggestions for Older Kids or Youth: At the top of a piece of paper write **"I hope..."**

List things you hope, and describe how your hopes are connected to your faith in our loving God.

Week 2 : Lesson

Look to Families



2. Look to Families. Families provide foundational building blocks of any society. During the past decade we have seen attacks on the family that have resulted in the breakdown of this foundational unit in our communities.

Let's Explore

Questions to Ask!

What can families do to give hope?

1

Fathers to fulfill their role with compassion, love, strength and guidance to his wife, children, community, and country.

2

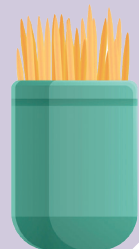
Moms create a home environment that nurtures and inspires her family to achieve their full potential. From spending time with her children to build positive relationships, to teaching faith in God, and nurturing a love of family, community, and country, bonds that are unbreakable are created.



Activity: Demonstration

Demonstrate the power of families by using an object lesson. Ask a child to break one toothpick and then give them a large handful and ask them to try to break the bundle of toothpicks (give them enough so they won't break).

Let them know that individuals are stronger in families and that our families are an important source of hope.



Suggestions for Older Kids or Youth: Read 2 Chronicles 7:14 and 2 Corinthians 3:17. As a family, discuss how these verses give you hope.

Week 3 : Lesson

Look to the US Constitution



3. Look to the US Constitution as written by our Founding Fathers. The Biblical prophet Hosea said, "My people are destroyed for lack of knowledge." We must not let that happen in America. The United States became a great nation by following correct principles. She will remain a great nation if we can hold fast to the truth.

Let's Explore

Questions to Ask!

How does the Constitution help America remain a great nation?

1

We must study and learn for ourselves the principles in the Constitution from the viewpoint of our Founding Fathers.

2

We must also teach our children about the spiritual roots of this great nation. Our American heritage is deeply rooted in correct principles. It has been bequeathed to us by our forebears and must be handed down to each succeeding generation with great care.



Activity: Watch a Movie

Gather the family together and watch a movie **Monumental: In Search of America's National Treasure**. To find where this movie is available, click here to search <https://www.imdb.com/title/tt1706687/>

Before the movie begins, let your children know that at the end you would like everyone to share their takeaways.



Suggestions for Older Kids or Youth: Make a list of action items to do when you need some hope. Examples would be: serve a family member, read a favorite scripture, read writings of the founding fathers, talk to someone you trust, listen to spiritual or patriotic music, get involved in your community.

Week 4 : Lesson

Look for moral and virtuous leaders



4. Look for moral and virtuous leaders. Edmund Burke once said, "All that is necessary for the triumph of evil is for good men to do nothing."

America has an abundance of good men and women. They serve as leaders in their schools, in their communities, in their churches, and in their businesses. We need these good men and women to step up and guide their neighbors and communities in civic responsibility.

Good leadership begins in the home.

Let's Explore

Questions to Ask!

Where do we find moral and virtuous leaders?

1

The Bible is full of moral and virtuous leaders. We can look to these historical figures to learn how to navigate difficult times and situations.

2

Great leaders are often right in front of you! Look to your family to find great leaders. Moms, dads, and siblings show us each and every day how to be great leaders.



Activity:

Watch a Video &
Play a Game

Find and watch the video "What is a Leader" on YouTube, created by the Greater Baltimore Medical Center. Click here:

<https://www.youtube.com/watch?v=dtNZYe8fYN4>

Discuss what a virtuous and moral leader is, and then play **Simon Says** to give each child a chance to practice being a leader.

WHAT IS A
LEADER?

Suggestions for Older Kids or Youth:

Watch the YouTube video put out by Kenneth Copeland Ministries called "Biblical Leadership" from the 0:18 mark through 22:15. Click here: <https://www.youtube.com/watch?v=kAfUkem0OIQ&t=1337s>



Other Helpful Resources

Other Suggested Books:

- ❑ *Andy the Anchor* by Kevin G. Cox*
- ❑ *Quinn Says Goodbye* by Christie Thomas
- ❑ *Butterflies Under Our Hats* by Sandy Eisenberg Sasso
- ❑ *Firebird: He Lived for the Sunshine* by Amy Parker
- ❑ *Little Mole Finds Hope* by Glenys Nellist
- ❑ *How High Is Hope* by Amy Parker
- ❑ *The Founders: The 39 Stories Behind the U.S. Constitution* by Dennis Brindell Fradin
- ❑ *The Signers: The 56 Stories Behind the Declaration of Independence* by Dennis Brindell Fradin
- ❑ *Little Women* by Louisa May Alcott
- ❑ *A Little Princess* by Frances Hodgson Burnett
- ❑ *The Boxcar Children* by Gertrude Chandler Warner
- ❑ *Little House in the Big Woods* by Laura Ingalls Wilder (and the rest of the *Little House* series)
- ❑ *The Light and the Glory for Children* (The Light and the Glory for Children #1) by Peter J. Marshall, David Manuel and Anna Wilson Fishel
- ❑ *I Love You All Year Long* by Steve Metzger
- ❑ *Big Brother, Little Brother* by Penny Dale
- ❑ *My Papi Has a Motorcycle* by Isabel Quintero



Special Note:

See the **Cottage Kids-1-2-Activity Day Outline pdf** for fun activities and discussions you can do with your children or a group of kids in your community at the end of the lesson! There are activities for younger and older kids!

The only requirement we have is that you HAVE FUN!

Suggested Movies:

Parental guidance is always recommended for any films we list.

To find where these movies are available,
search at <https://www.imdb.com> unless noted otherwise.



❑ The Greatest Showman
(2017)
Rated: PG



❑ The Rescuers (1977)
Rated: G



❑ Homeward Bound:
The Incredible Journey (1993)
Rated: G



❑ Moana (2016)
Rated: PG



❑ Finding Nemo (2003)
Rated: G



❑ Mary Poppins (1964)
Rated: G



❑ A Wrinkle in Time (2018)
Rated: PG



❑ War Room (2015)
Rated: PG



❑ Parent Trap (1998)
Rated: PG



❑ Amazing Grace (2006)
Rated: PG



❑ Mulan (1998)
Rated: G

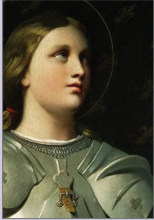


❑ The Prince of Egypt (1998)
Rated: PG

Suggested Movies: *(continued...)*

Parental guidance is always recommended for any films we list.

To find where these movies are available, search at <https://www.imdb.com> unless noted otherwise.



❑ Joan of Arc (2015)

Documentary

View Here:

<https://www.byutv.org/player/98102eb7-69d9-45e5-9322-2e9d-7284c3a6/joan-of-arc-joan-of-arc>



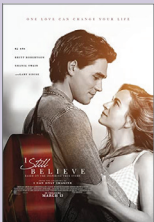
❑ Monumental: In Search of America's National Treasure (2012)

Rated: PG



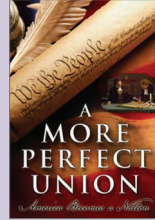
❑ I Can Only Imagine (2018)

Rated: PG



❑ I Still Believe (2020)

Rated: PG



❑ A More Perfect Union: America Becomes a Nation (1989)

No Rating



❑ In Search of Liberty

No Rating, Purchase here:

<https://www.insearchofliberty.com/>

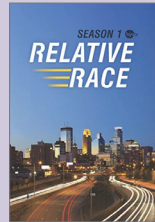


❑ The Chosen (2017)

Rated: TV-PG

View here:

<https://watch.angelstudios.com/thechosen>



❑ Relative Race (2016)

Rated: TV-G

View here:

<https://www.byutv.org/relativerace>