

Activity Day!

Outline



This Month's Lesson:

Looking for Hope

Suggested Activity and Discussion for Kids

Depending on the size and makeup of your group, you may want to divide the children into age groups for the different activities.

Opening

- Prayer
- Pledge of Allegiance *(located in the General Resource pdf)* You can have one of the children hold a small flag or use a larger flag. This is a great opportunity to teach the children respect and proper care and folding of the flag.)
- Recite Preamble to the U.S. Constitution *(located in the General Resource pdf, doing this each day as a family will have your children memorizing it in no time at all.)*

Project: Paper anchors craft

Activity: Pin the anchor on the boat game

Activity and Discussion: Hope related example situations

Closing

- Read/Recite "The American's Creed" *(located in the General Resource pdf)*
- Prayer
- Announce the next month's theme and date/location for next Activity Day

Preparation and Materials Needed:

Crayons, stickers, glitter, markers etc. for the kids to decorate the anchor.

Paper

Scissors

Glue, tape, or staples to connect the paper links into a chain.

Pencils or toothpicks

Bandana/blindfold

- Review the entire outline to consider how best to present the activities to each age group.
- Cut out the copies of the Preamble and American's Creed to have on hand.
- Bring an American Flag for the Pledge of Allegiance.
- Have the page of the four images from page 5 available (print/digital) for the hope related example situations.
- Print and cut out an anchor from page 6 for each child expected to attend Activity Day. Provide crayons, stickers, glitter, markers etc. for the kids to decorate the anchor. Bring paper and scissors to activity day (or cut out strips of paper before hand) to make paper chains to attach to the anchor, and provide glue, tape, or staples to connect the paper links into a chain.
- Print out the picture of the boat and anchors from page 7-8 and also cut out the small anchors (one for each child that will be attending).

Draw a star on the boat where the children should aim to put the anchor. Bring tape to attach a piece to the back of each anchor for the pin the anchor on the boat game. Bring a bandana/blindfold if you wish to use one.

Project: Paper Anchors Craft

Print out an anchor shape for each child and allow them to decorate it with crayons, stickers, glitter, markers etc. Use strips of paper and glue, staples or tape to make a chain (like the ones used for advent calendars) to attach to the top of the paper anchor through the hole. On each strip of paper write one of the following "God, Family, Constitution, Leaders."

Picture of a similar craft idea from another website. Click here:

<https://www.cindyderosier.com/2020/08/construction-paper-anchor.html>



Activity: Pin the Anchor on the Boat Game

Put the boat picture on the wall and give each child a small anchor cutout with tape on the back, cover their eyes with a bandana or another way, spin them (optional) and then ask them to try their best to place the anchor on the star that you have drawn. The person who put the anchor closest to the star wins!

Suggested Activity and Discussions for Older Kids and Youth:

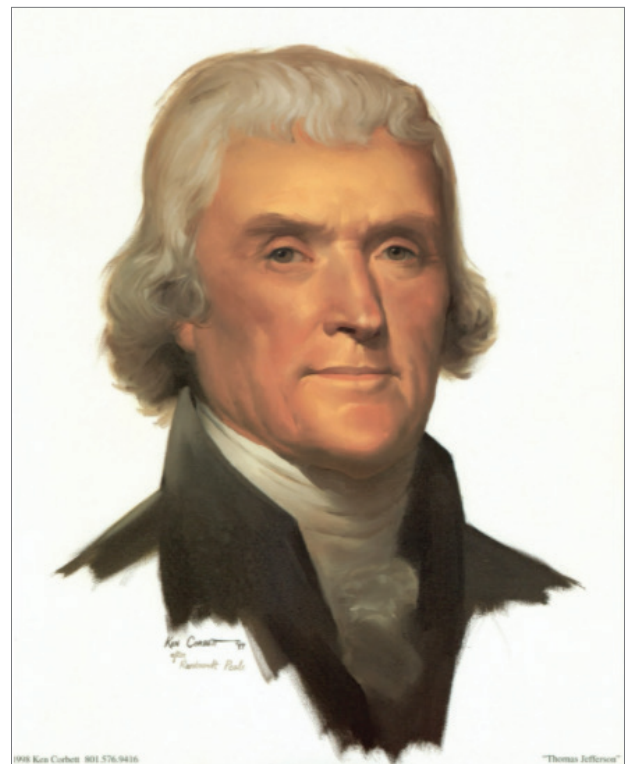
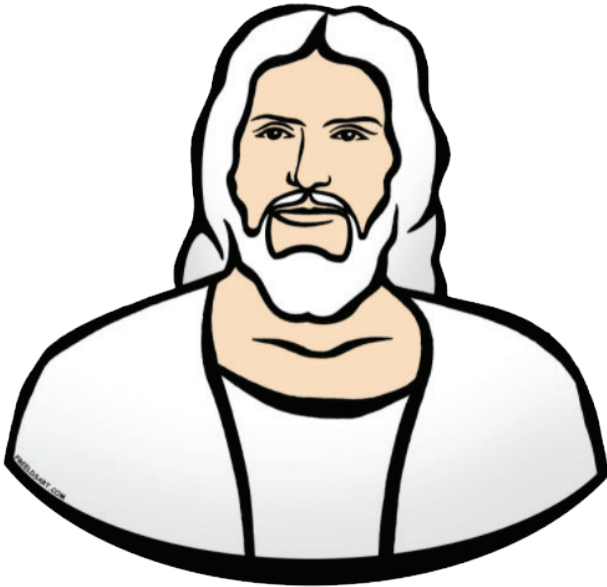
Hope related example situations

Read each case study below and ask the group the provided questions about finding hope in each situation. Have the children point to the four icons that represent God, Family, Constitution, and Leaders as they explain which of the four they think will help Sarah, Brady, Juan, Amanda, Jared, and Logan find hope.

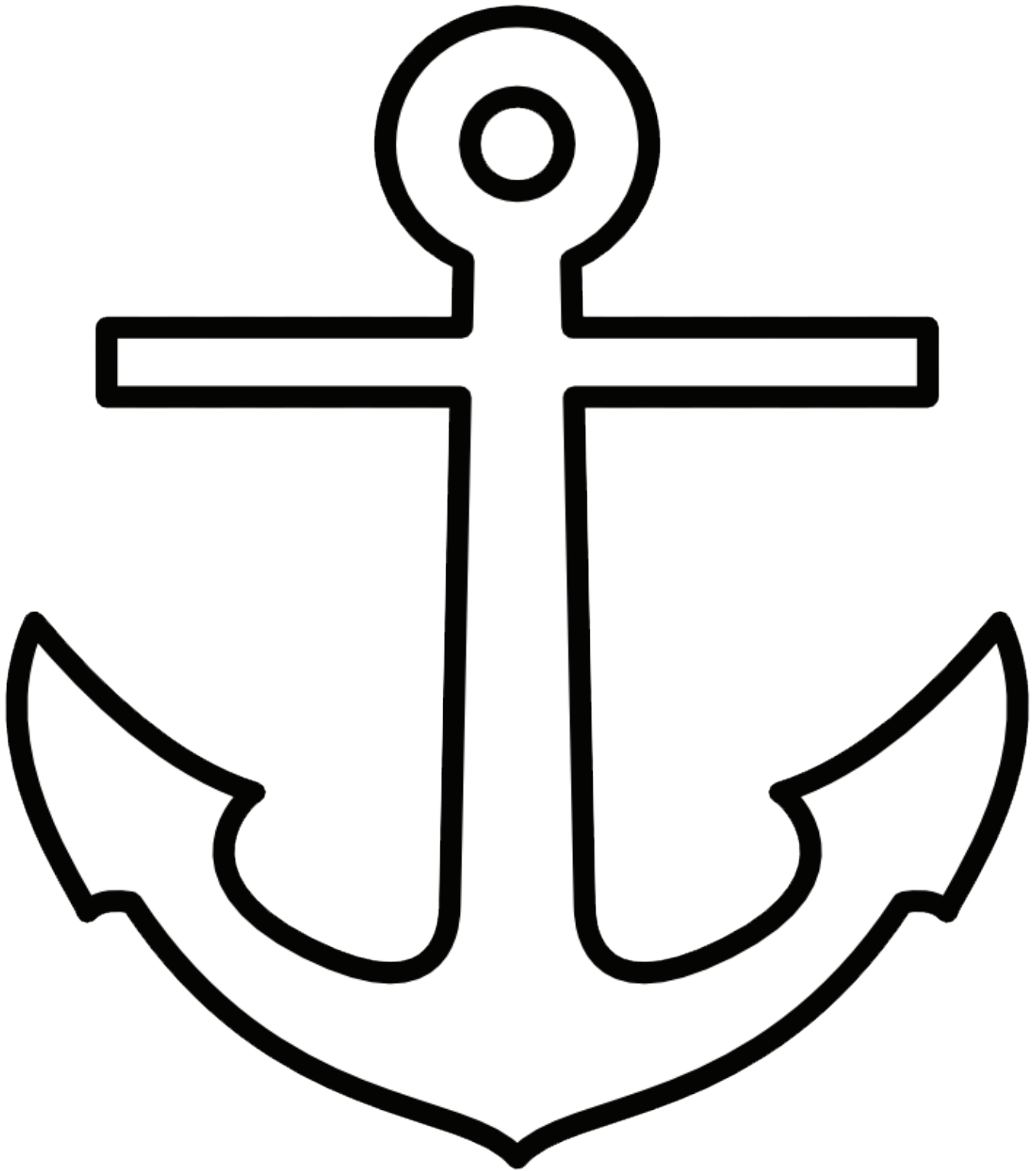
- Sarah was playing with some friends but then they started making fun of her. She comes home crying. What might make Sarah feel better? What can she have hope in to help her feel safe?
- At church, Brady hears some people talking about how wicked the world is today and he feels scared. When he goes home he tells his mom about what he heard and what he's feeling. What might bring him hope? What is something he could do to exercise faith?
- At school, Juan's Social Studies teacher explained that the U. S. Constitution was helpful when it was first created, but since most people were farmers back then it doesn't apply much to our modern world. Juan is frustrated and discouraged that no one seems to understand that the principles about government in the constitution were written based on human nature and will always be effective. How can Juan find hope? Can he do anything to make a difference?

- Amanda hears her parents talking about how expensive gas, food, and other bills are because elected officials are making unwise decisions. What could Amanda tell her parents or do for them that might give them a little hope?
- Jared is reading a book about the life of George Washington. He learns that he was brave, kind, a good listener and that God protected him. How might learning about George Washington bring Jared hope? Does it bring you hope?
- Logan has been studying the Declaration of Independence. He's learned that the founding fathers wrote in the Declaration their belief that all men are created equal. He has seen that sometimes people are mean to people who look different or speak differently. Do you think it could bring Logan hope to know that America has a foundation of valuing equality regardless of a person's background from the very beginning of its existence? If so, why?

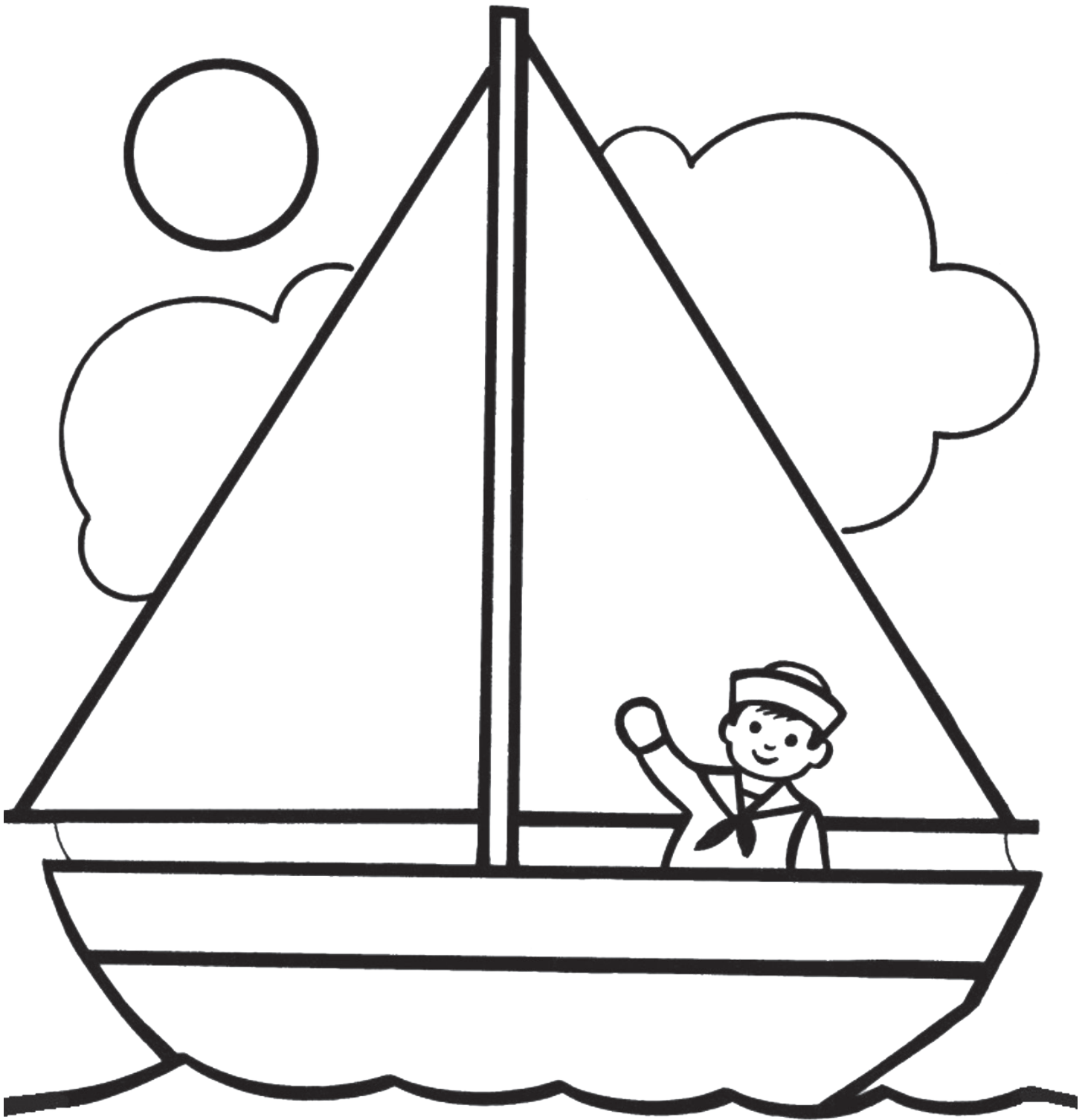
Print this page for the *Hope* related example situation pictures:



Print this page for the project Paper Anchors Craft.



*Print this page for the activity **Pin the Anchor on the Boat Game.***



*Print this page and cut out the anchors for the activity **Pin the Anchor on the Boat Game**.*

