

This Month's Lesson:

# Ladies First

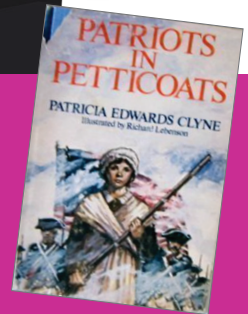


## Objective:

The purpose of this presentation is to help children realize the powerful influence of women in their home and family, the community, and the nation and teach the importance of having respect.

## Read-Aloud Book of the Month:

*Patriots in Petticoats*  
by Patricia Edwards Clyne  
(we much prefer this author and version to the newer version)



## Weekly Lessons:

**Week 1:** Let's Explore Questions & Tracking Habits Activity

**Week 2:** Let's Explore Questions & Play the "Mirror" Game Activity

**Week 3:** Let's Explore Questions & Practice Respect Activity

**Week 4:** Let's Explore Questions & Build a Fort Activity

## Week 1 : Lesson

# Respecting Women and Family



## Let's Explore

"I've found it is the small, everyday deeds of ordinary folk that keep the darkness at bay. Small acts of kindness and love." – The Hobbit

### Questions to Ask!

1 What does respect mean to you?

3 How do you feel when people are kind to you?

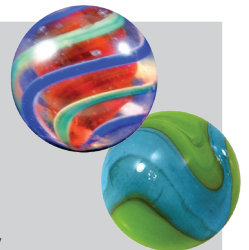
2 What do you and your family like to do to be kind?



### Activity: Tracking Habits

Use the following list of habits to track increased respect actions in your family this month by adding a marble or other item to a jar each time a family member completes one of the actions below. Respect habits\*

- ☐ Pull out chair for someone to sit in
- ☐ Hold a door or car door open
- ☐ Let women, girls, and those younger than you eat first/go ahead of you in line
- ☐ Stand when someone needs a seat in a full room or other place like a bus
- ☐ Be aware of needs, don't wait to be asked before you step in to help
- ☐ Take out the garbage
- ☐ Bring glasses of water for others sitting with you during a meal
- ☐ After a meal offer to take the dirty plates from the table and then wash them
- ☐ Be considerate and kind at every opportunity
- ☐ Offer to carry in groceries or other heavy objects
- ☐ Say yes sir/ma'am to an adult, or miss to a girl/ younger woman if you don't know their name
- ☐ Use "please," "thank you" and "may I"
- ☐ Know how to listen and give someone your full attention when they are talking to you
- ☐ When someone trips or drops something help them pick up the items they dropped
- ☐ Say thank you for food given to you
- ☐ Offer your coat or sweater to someone else if they are cold
- ☐ Compliment things you like about others



**Suggestions for Older Kids or Youth:** Add 3-5 more respectful habits to the list above and write a reflection of the experience of being respectful and kind.

## Week 2 : Lesson

# The Importance of a Woman's Role



## Let's Explore

**"Woman's clothing and duties during the Revolutionary War"**



**Watch the YouTube video** "Woman's clothing and duties during the Revolutionary War" to learn a little about the women who stayed with their husbands at camp during the Revolutionary War.

<https://www.youtube.com/watch?v=iePANmK17x4>



## Questions to Ask!

1

Why did women follow the army?

2

How did the women help the soldiers?

3

The woman in the video shows a hidden pocket as part of her clothing. What would you add to the women's clothing to help them survive during the war?



### Activity:

Play the Mirror Game

**Play the Mirror Game.** Moms are leaders in our families and our nation. Play a "mirror game" as a fun reminder of how leaders are followed. The children stand in pairs facing each other. One child in each pair is going to be the 'leader' to start with, and the other is going to copy. The 'leader' will do some kind of pose. The other child will copy it. The kids can be as creative as they want with the poses, but some ideas include standing on one foot, hopping, kneeling, bending over, putting their hair over their face, and holding their hand to their ear like a phone.

**Suggestions for Older Kids or Youth:** Complete some or all of the "Lesson Two: Founding Mothers" tasks and activities in this lesson outline provided by Christ Church Burial Ground in Philadelphia, Pennsylvania.  
[https://christchurchphila.org/wp-content/uploads/2020/06/Lesson-Two\\_-Founding-Mothers-1.pdf](https://christchurchphila.org/wp-content/uploads/2020/06/Lesson-Two_-Founding-Mothers-1.pdf)

## Week 3 : Lesson

# Listen and Respect

## Let's Explore

Scripture states, "Children, obey your parents in all things: for this is well pleasing unto the Lord" (Colossians 3:20).

### Questions to Ask!

- 1 Why is it important to listen to and obey our parents?
- 2 How does respecting our mothers build strong families?



### Activity: Play the "Yes, Mommy" Game

**Practice respect** by using the "Yes, Mommy" game, as described on <https://meaningfulmama.com/day-4-tip-of-day-yes-mommy.html> by author Jodi.

Go outside and have the kids start running around. Tell them that when you call their names, they should freeze and yell back, "Yes, Mommy?"

Then, give them a command like, "Sit on the grass!" or "Grab a leaf and bring it to me." Their next response should be, "Yes, Mommy." Then they should hustle to do the task as quickly as possible. Play the game for as little or long as you'd like.

## Week 3 : Lesson

# Listen and Respect

### Suggestions for Older Kids or Youth:

Read the following excerpt and answer questions. *Raising a New Generation of Patriots* by Kimberly Fletcher

“Sometime around 431 AD, St Patrick travelled to Ireland to teach Christianity to a people who were at that time, a violent, corrupt, and paganistic culture. Traditionally when priests and clergy went into a community they went with the intent to convert. They would meet with tribal leaders, frequented their councils and seek to win favor with the men. But when St. Patrick arrived on the shores of Ireland, he had a different idea. Instead of going with the intent to convert pagans he went and walked among the people. Instead of spending his time in councils with tribal leaders, he spent his days at the rivers where the women washed their clothes and his nights at the fires where they cooked their meals. In spite of all the advice, training and council he received to do otherwise, St. Patrick spent his time serving and teaching the women of Ireland because he firmly believed if he could convert the women, he would convert Ireland. And that is exactly what he did. St. Patrick’s success in Ireland was so profound that it not only converted a nation, it became the beacon of light for the entire Christian world during the dark ages. St. Patrick could have gone to Ireland and done what everyone else had done before him, but he knew that if he did, the results would be short lived and he desired lasting change – the kind that only comes from the deep faith of true conversion. What he needed was a mighty change of heart among the people of Ireland. And St Patrick knew if you want to change the hearts of the people of a nation, you go to the heart of that nation – the mothers. He had a choice—change a few men for a short time, or influence a nation for generations. He chose the latter. He went to the women first, taught them, touched their hearts, and then those mothers converted the nation—one tender heart at a time.”

1. In what ways have women influenced your life? \_\_\_\_\_

\_\_\_\_\_

2. How did the respect that St. Patrick had for women influence his beliefs and his actions? \_\_\_\_\_

\_\_\_\_\_



## Week 4 : Lesson

# A Mother's Protection

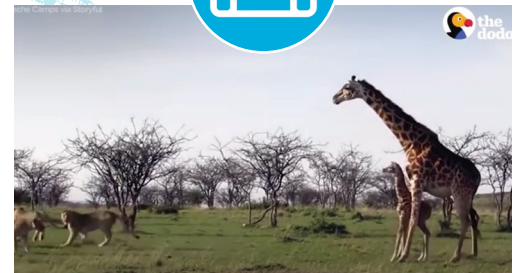


## Let's Explore



**Watch this cute YouTube video** Best Animal Moms Ever | Motherly Animals Compilation | The Dodo Best Of by "The Dodo" to see animal moms taking care of their babies and remember how moms take good care of their children in many ways!

<https://www.youtube.com/watch?v=xZYAOuewbNo>



Moms protect and care for their kids, even animal moms! Some of the important things moms do for their families are buy groceries, tuck kids into bed, change diapers, give hugs, and take kids to school. Other important things they can do are serve at church, support their friends, help their parents and siblings, vote for good leaders of our communities and fight for what's right when things go wrong in the world.

## Questions to Ask!

1

What does your mom do to protect the family?

2

Talk about a time when you felt protected.



### Activity: Build a Fort

Build a fort with your mom to protect your family.

Use blankets, pillows and chairs.



**Suggestions for Older Kids or Youth:** Write a hand-written letter to your mother sharing how you see her protecting your family and how much it means to you. Be detailed and descriptive. Put the letter in an envelope and leave it in her room, on her desk, or a place she will easily find it.



# Other Helpful Resources

## Other Suggested Books:

- ❑ *Sybil's Night Ride* by Karen B. Winnick
- ❑ *Founding Mothers: Remembering the Ladies* by Cokie Roberts  
*Note: This book is a well done overview of the women of the revolutionary war at an appropriate grade level, but does include a couple of slightly negative comments about individual founding fathers and the way women were treated during this time.*
- ❑ *Anna Strong: A Spy During the American Revolution* by Sarah Glenn Marsh
- ❑ *A Little Maid of Provincetown* by Alice Turner Curtis (and the rest of the series)
- ❑ *Knights in Training: Ten Principles for Raising Honorable, Courageous, and Compassionate Boys* by Heather Haupt
- ❑ *The Princess and the Three Knights* by Karen Kingsbury
- ❑ *Alex and Tony Learn to be Gentlemen* by Antonee Boykin
- ❑ *Heroes and Heroines of the American Revolution (Dover History Coloring Book)* By Peter F. Copeland
- ❑ *Caddie Woodlawn* by Carol Ryrie Brink
- ❑ *Young Patriots: Inspiring Stories of the American Revolution* by Marcella Fisher Anderson



### Special Note:

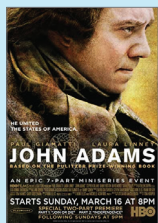
See the **Cottage Kids-3-2-Activity Day Outline pdf** for fun activities and discussions you can do with your children or a group of kids in your community at the end of the lesson! There are activities for younger and older kids!

**The only requirement we have is that you HAVE FUN!**

## Suggested Movies:

Parental guidance is always recommended for any films we list.

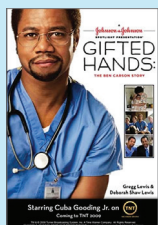
To find where these movies are available,  
search at <https://www.imdb.com> unless noted otherwise.



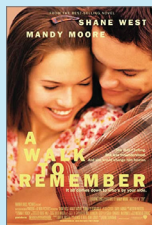
❑ John Adams (2008)  
(mini series)  
Rated: TV-14



❑ Hidden Figures (2016)  
Rated: PG



❑ Gifted Hands:  
The Ben Carson Story (2009)  
Not Rated: TV Movie



❑ A Walk to Remember (2002)  
Rated: PG



❑ Follow Me Boys (1966)  
Not Rated



❑ Enchanted (2007)  
Rated: PG



❑ Courageous (2011)  
Rated: PG-13



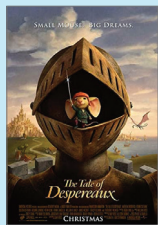
❑ Frozen II (2019)  
Rated: PG



❑ Moms' Night Out (2014)  
Rated: PG



❑ Dumbo (1941)  
Rated: G



❑ The Tale of Despereaux (2008)  
Rated: G



❑ The Incredibles (2004)  
Rated: PG



## Suggested Movies: *(continued...)*

Parental guidance is always recommended for any films we list.

To find where these movies are available,  
search at <https://www.imdb.com> unless noted otherwise.



☐ Little Women (1994)  
Rated: PG



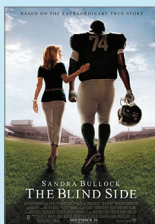
☐ Beauty and the Beast (1991)  
Rated: G



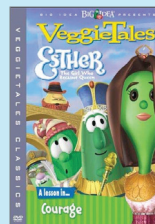
☐ Princess Diaries (2001)  
Rated: G



☐ Joan of Arc (2015)  
No Rating, View here:  
<https://www.byutv.org/player/98102eb7-69d9-45e5-9322-2e9d-7284c3a6/joan-of-arc-joan-of-arc>



☐ The Blind Side (2009)  
Rated: PG-13



☐ VeggieTales: Esther, the Girl Who Became Queen (2000)  
Not Rated



☐ Peter Pan (1953)  
Rated: G



☐ Esther and the King (2006)  
(Likened the Scriptures series)  
Not Rated



☐ Tarzan (1999)  
Rated: G



☐ Bambi (1942)  
Rated: G