

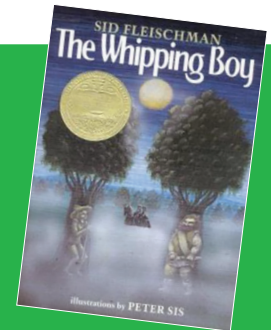
This Month's Lesson:

# A Time to Sow



## Objective:

This month's theme is all about fortifying your home and strengthening your family. The Law of the Harvest suggests that if we take the time today to sow seeds of good manners, self-government and treasuring family relationships (like family dinner time), we will reap the benefits tomorrow. Quality family time is found in the small and simple things that are repeated consistently over time.



**Read-Aloud  
Book of the Month:**  
*The Whipping Boy*  
by Sid Fleischman

## Weekly Lessons:

**Week 1:** Let's Explore Questions and The Manners Jar Activity

**Week 2:** Let's Explore Questions and Dinner Manners Game Activity

**Week 3:** Let's Explore Questions and Family Mission Statement Activity

**Week 4:** Let's Explore Questions and Write Messages Activity

## Week 1 : Lesson

# Good Manners



## Let's Explore



Teach "The Good Manners Song" from [letsplaykidsmusic.com](https://www.letsplaykidsmusic.com/good-mannerssong/) to your children found at this link: <https://www.letsplaykidsmusic.com/good-mannerssong/>



### Questions to Ask!

- 1 Why is it important to be polite?
- 2 How do you show good manners to everyone?



### Activity: The Manners Jar

Keep a jar for a week or a month and put in a marble (or other item) each time a child shows politeness or good manners.

Choose a fun family activity or outing to reward the family when they fill the jar or reach a certain point.



**Suggestions for Older Kids or Youth:** Prepare a meal of your choice for your family and teach meal etiquette. Then, make a funny skit with your family members about meal etiquette.

## Week 2 : Lesson

# Family Dinnertime



## Let's Explore

"All great change in America begins at the dinner table."

– Ronald Reagan



### Questions to Ask!

- 1 Why is family dinnertime so important?
- 2 What do you like about family dinnertime?
- 3 How can family dinnertime create stronger relationships?



### Activity: Dinner Manners Game

#### Dinner Manners Game

Print and play the game about dinner manners found at this link: <https://cutesycrafts.com/2014/06/teaching-table-manners-kids.html>



**Suggestions for Older Kids or Youth:** Learn fancy napkin folding by watching this video tutorial. Find at this link: [https://www.youtube.com/watch?v=\\_2gKHtYVNOU](https://www.youtube.com/watch?v=_2gKHtYVNOU)

## Week 3 : Lesson

# A Family's Mission



## Let's Explore

**Mission:** A special assignment given to a person or group.

"A family mission statement can be as simple as a sentence stating who you want to be as a family. For example, "As part of the Smith family, we love and respect ourselves and each other." Or, it could be the condensed version of lots of brainstorming and working together as a family to refine your objectives and family goals. In either case, it's a great way to simplify some of your family's values." – Laura Kraus



### Questions to Ask!

- 1 Why is it important for a family to have goals and missions?
- 2 How does achieving goals and accomplishing missions benefit your community?



### Activity: A Family Mission Statement

**Meet as a family to create a Family Mission Statement.**

What is your mission?

What is important to you? To Your Family?

Get everyone involved in the discussion.

You can also create a family slogan and logo.

*What is  
our mission?*

**Suggestions for Older Kids or Youth:** Go stargazing as a family and ask family members to share what "reaching for the stars" means to them and what their dreams are. Create a vision board with their answers and hang it up for the whole family to see. Optional: add pictures.

## Week 4 : Lesson

# A Time to Sow



## Let's Explore

If we take the time today to sow seeds of good manners, self government and treasuring family relationships (like family dinner time), we will reap the benefits tomorrow.

“The home is the first and the most effective place to learn the lessons of life: truth, honor, virtue, self-control, the value of education, honest work, and the purpose and privilege of life.” – David McKay



### Questions to Ask!

- 1 How does sowing the seeds of good manners improve our lives?
- 2 How does what we do and say today effect the future?



### Activity: Write Messages

**Write notes** with funny messages, inspiring pictures, or compliments on pieces of paper and hide them in places that family members will find at random.



**Suggestions for Older Kids or Youth:** Watch these videos from Nicholeen Peck, that teach tools of emotional intelligence, emotional control, and self government: Find them at these links.

How To Not Let Your Emotions Control You <https://www.youtube.com/watch?v=x49SPxAiBSk>

How to Maintain Self-Control and Stay Focused <https://www.youtube.com/watch?v=8AdDo5MDDC0>

How to Understand, Identify, and Release Your Emotions <https://www.youtube.com/watch?v=usAxFBO-L0I>



# Other Helpful Resources

## Other Suggested Books:

- ❑ *Yertle the Turtle* by Dr. Seuss  
video read-aloud YouTube option view here:  
<https://www.youtube.com/watch?v=iCpTxa-TTCU>
- ❑ *The Land of Fair Play* by Geoffrey Parsons
- ❑ *Emily's Everyday Manners* by Peggy Post and Cindy Post Senning
- ❑ *The Bad Seed* by Jory John
- ❑ *The Berenstain Bears Say Please and Thank You* by Jan and Mike Berenstain
- ❑ *It's Hard to Be Five* by Jamie Lee Curtis and Laura Cornell
- ❑ *Manners* by Aliko
- ❑ *Cookies: Bite-Size Lessons* by Amy Krouse Rosenthal
- ❑ *Fancy Nancy: Tea Parties* by Jane O'Connor
- ❑ *Mind Your Manners, Biscuit!* by Alyssa Satin Capucilli
- ❑ *Roses Are Pink, Your Feet Really Stink* by Diana deGroat
- ❑ *How to Behave at a Tea Party* by Madelyn Rosenberg
- ❑ *What Do You Say, Dear?* by Sesyle Joslin
- ❑ *A Smart Girl's Guide to Manners* (American Girl book)
- ❑ *Rules of Civility and Decent Behaviour in Company and Conversation* by George Washington



### Special Note:

See the **Cottage Kids-9-2-Activity Day Outline pdf** for fun activities and discussions you can do with your children or a group of kids in your community at the end of the lesson! There are activities for younger and older kids!

**The only requirement we have is that you HAVE FUN!**

## Suggested Movies:

Parental guidance is always recommended for any films we list.

To find where these movies are available, search at <https://www.imdb.com> unless noted otherwise.



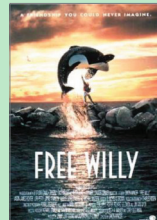
Prince Brat and the Whipping Boy (1994)  
Rated: G



Coco (2017)  
Rated: PG



The Count of Monte Cristo (2002)  
Rated: PG-13



Free Willy (1993)  
Rated: PG



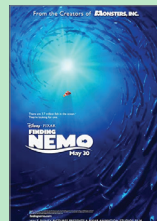
The Ultimate Gift (2006)  
Rated: PG



The Greatest Showman (2017)  
Rated: PG



War Room (2015)  
Rated: PG



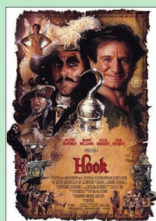
Finding Nemo (2003)  
Rated: G



Christopher Robin (2018)  
Rated: PG



Stuart Little (1999)  
Rated: PG



Hook (1991)  
Rated: PG

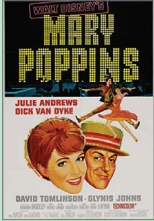


Little Women (1994)  
Rated: PG

## Suggested Movies: *(continued...)*

Parental guidance is always recommended for any films we list.

To find where these movies are available,  
search at <https://www.imdb.com> unless noted otherwise.



Mary Poppins (1964)

Rated: G



The Berenstain Bears: Say Please and Thank You

Not Rated

View here:

<https://www.youtube.com/watch?v=p221Gqt2gA0>



Mulan (1998)

Rated: G