

Touchstone Family Connections  
presents:

# Jefferson Scholar Program

**True Freedom vs. Faux Freedom**

Presented by Lisa Mauer



**JEFFERSON  
SCHOLAR  
PROGRAM**



# True Freedom vs. Faux Freedom

Freedom: A state of exemption from the power or control of **another**; **liberty**; exemption from slavery, **servitude** or confinement.

Freedom is **personal, civil, political, and religious**.

~Merriam-Webster, 1828. Entry for “*Freedom*.”

Education is the  
**protective barrier**  
between freedom and bondage.

“There are **two freedoms**—

the **false**, where a man is free to do what he likes;

the **true**, where he is free to do what he ought.”

~Kingsley, 1887, in Alton Locke, Taylor and Poet, an Autobiography



# True Freedom vs Faux Freedom

## True Freedom

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## Faux Freedom

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## Your personal examples:

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**“Freedom** is never more than one generation away from **extinction**. We didn't pass it to our children in the bloodstream. It must be **fought for**, protected, and handed on for them to **do the same**, or one day we will spend our sunset years telling our children and our children's children what it was once like in the United States where men were **free**.”

~Ronald Reagan, 1967, *Presidential inaugural address*



## Six Human Motivators and the Two State of Being Boxes


**“Instead of worrying about what people say of you, why not spend time trying to accomplish something they will admire.”**

~ Dale Carnegie

	Name a person or two who exemplify living in the top three motivators.	What traits do they have that help you see that they work to 'live' there?
Love God and Others		
Divine Calling, Purpose, Duty, Beautiful Responsibility		
Respect Yourself		

Generally, what Motivator do you 'live' in?

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What are some ideas on how you can “Level Up” in your own motivation and State of Being?

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**“Life is not about perfection, it is about progress.” ~ Lisa Mauer**



## Three Tier Mindset

<b>Internal (intrinsic)</b> <b>Ruling Yourself</b> <b>Free Soul (sees the possibilities)</b>	Love God and Others					
	Divine Calling Purpose / Duty Beautiful Responsibility					
	Respecting Yourself					
<b>External (extrinsic)</b> <b>Ruled by Others</b> <b>Enslaved Soul (sees limitations)</b>	Respecting Others					
	Reward					
	Fear					

## Personal Reflection

What three sets of the Three Tier Mindset stood out to you the most?	Why did they stand out to you?	Are you strong in those areas or are they areas in which you can improve?	What can you do to share that strength with others, or what can you do to improve in that area?

## Personal Notes



# Beginning Scholar Skills

- Finding Purpose
- Asking Questions
- Time and Space
- Time Management
- Taking and Organizing Notes

## Finding Purpose

Choice in Learning

Scholar Skill for Improvement

Consistent with Time

Gratitude Journal

Buy-In

Asking Questions



# Asking Questions

Question Types:

Factual Questions -

Interpretive Questions -

Research Questions -

Evaluative Questions -

Speculative Questions -





# Time and Space

Set a few goals . . .

What time will you begin the learning day?	
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First subject of study	
Second subject of study	
Third subject of study	
Fourth subject of study	
Fifth subject of study	
Do you have more?	

Will group study or individual study be more effective?		
	Does your answer apply to all subjects?	
	Will your youth do better studying (not doing homework) math before language arts or social studies, or something else?	
	What answer will your youth give for each question? - Make sure to ask.	

Notes:



# Time and Space

Set a few goals . . .

Where is the best place to study in your house?	
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If group study happens, where is the best place to study?	
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When would be a good time to use the public library?	
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When choosing all this . . . *include your youth* in the choices and decisions.

***Be CONSISTENT!***

***Notes:***

**"Lack of direction, not lack of time, is the problem. We all have twenty-four hour days."**

***~ Zig Ziglar***



# Time Management

Learning time management not only helps the individual, but also all those in communities where they are a part.

“Community” means:

**Consider reading: “How to Live on 24 Hours a Day” in 1908, by Arnold Bennett**

Breaks are needed because:

How long should breaks be? Why?

How can you use a pomodoro in your personal study time?

Would using a pomodoro be beneficial for your youth to use?

How long should breaks be? Why?



# Beneficial break time activities:

Allow your youth to fill this out so they can be invested.

De-wire yourself and your youth.

Activity	Yes
Snuggle and pet your dog or cat (play with your pet)	
Lay on the grass and look at the clouds	
Do a quick cardio workout	
Lift weights	
Run in place	
Read a fiction book	
Weed or clean the garden	
Plant some flowers	
Practice an instrument	
Whittle	
Crochet/knit	
Shoot some hoops	
Go on a quick walk	
Stretch you muscles	
Shovel snow	
Do jumping jacks	
Make a snack	



# **Taking and Organizing Notes**

## **Types of Notes:**

- Cornell Notes
- Roman Numeral Notes
- Columns Notes
- Mind Mapping Notes
- Simple Notes

### **Guided Notes**

## **Organizing Notes:**

Why learn to take notes?

# **Jefferson Scholar Program**

## **Eight Benefits of the JSP for Parents**

1. Youth are empowered to take ownership, allowing parents to watch their child grow
2. Helps you learn how to learn so you can help your youth
3. Is interactive – parents and youth learn together
4. The basic schedule can be customized to you and your family
5. Parents/facilitators learn a lot from their youth
6. You know youth are learning the mindset and skills, you don't have to worry about the "what" because that comes with practicing the mindset and skills
7. Youth learn more about stewardship in learning
8. Opportunities to get PAID

## **Ten Benefits of the JSP for Youth**

1. Youth learn depth, not breadth
2. Empowers youth to take responsibility for their own educations
3. Opportunity to practice lifetime study and work habits
4. Youth do their work, not mine (or someone else's) - Youth choose what would benefit them the most
5. Youth learn to rule themselves and not be ruled by others
6. Encourages real and invested participation in their own educations
7. Takes "kindergarten" activities out of their serious learning
8. Improves problem solving, critical thinking, and decision making skills
9. Investigate interests rather than regurgitate objectives
10. Enjoy beautiful learning

**Lisa Mauer – Educational Consultant**

**[lmauer@jspeducate.com](mailto:lmauer@jspeducate.com)**

**JSPEducate.com**