The Invisible Woman

Video Exercise



Watch the following video featuring Nicole Johnson and discuss the questions below: https://www.youtube.com/watch?v=9YU0aNAHXP0

Discussion Questions

- * Ask someone to tell, in their own words, about Nicole's experiences feeling invisible in the beginning of the clip. Have you ever felt, like Nicole, invisible?
- ★ What helps you when you feel invisible? Ask someone to share what the message said that Nicole's friend wrote in the book about cathedrals. What do you build when no one sees? What comfort do you feel knowing that God sees?
- Does anyone have a story they're comfortable sharing about a time when they felt God say "I see you" when they were feeling invisible? Personally, what are the reasons you do what you do without receiving credit for it?
- \star Why do you think we crave receiving credit?
- ★ Share your thoughts and feelings on the phrase Nicole heard God speak to her, "No sacrifice is too small for me to notice." When Nicole felt God saying to her "you are building a great cathedral," what do you think the cathedral is that He was speaking of?

Discussion Questions (Continued)

- Nicole shares that her invisibility seems like an affliction sometimes, but follows that with, "It is not a disease that is erasing my life. It is the cure for the disease of self centeredness." In what ways do you find this to be true?
- ★ Is accepting being invisible something you are comfortable with? Or is it something you want to become more comfortable with? Why?
- ★ Why do you think Nicole values her son wanting to come home and share his home with his friends more than recognizing all the work she puts into making their home a place he loves?
- ★ Towards the end, Nicole says, "We don't work for them, we work for Him. We sacrifice for Him." How does this mindset change us?
- \star How does it affect our work when our hearts are directed by that knowledge?
- ★ Knowing that God sees us completely and is so pleased with the love we show our kids and family, how do you think he wants you to feel about yourself?