

# Loving & Caring Family

by Nicholeen Peck



Nicholeen Peck is a mom mentor who has spoken all over the world helping parents teach self-government in the home. She has several awesome videos on YouTube. View the following videos on your own and then meet to discuss the concepts presented with your group.

## Video 1: How to Have a Loving and Caring Family

<https://www.youtube.com/watch?v=vy5vim1rMlg>

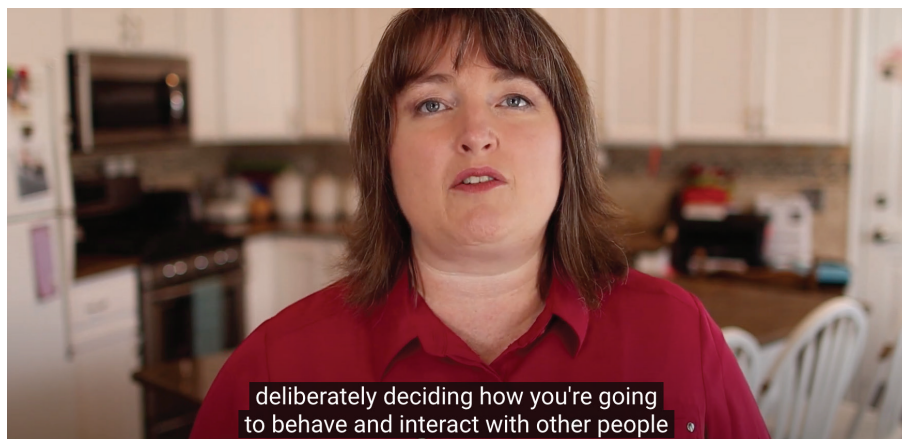
Watch the following video, and answer the discussion questions



## Video 2: How to Get Kids to Stop Fighting With Each Other

<https://www.youtube.com/watch?v=5hIU6E9ng>

Watch the following video, and answer the discussion questions



This quote by C.E. Sargent can help add to your discussion. "If your boys wrangle and contend at home, if they cannot discuss with dignity the little questions that arise in their daily intercourse with one another, be sure they will not honor the nation when they take their places in senate halls to discuss the great problems that confront the civilization of the nineteenth century."

(C.E. Sargent, *Our Home*, 1884)

### Discussion Questions

- ★ *What are your thoughts on Nicholeen's statement, being caring and loving is a choice?*
- ★ *Do you have experiences where your family struggled with having peace, unity, bonding, attachment, truth, or connection and something changed to make it better?*
- ★ *Why is it sometimes easy to shame, why isn't it effective, and what can we replace it with for the better?*
- ★ *What is a family vision, as Nicholeen defines it, and why do you think it is important?*
- ★ *What does Nicholeen share about communication and why do you think it is key for building strong family relationships?*
- ★ *How is self mastery and self government related to attaining a strong family?*
- ★ *Nicholeen says to have a child's heart turned toward the family, they need to feel like what they say matters. Do you think this is correct, and have you had experiences that provide evidence for this?*
- ★ *How can an environment of praise be beneficial?*
- ★ *What skills, from Nicholeen's video or your own experience, help children navigate or eliminate arguments among siblings and peers?*
- ★ *What have you found is successful when practicing what Nicholeen calls group problem solving?*
- ★ *Have you or your kids had positive experiences with role playing, and what are your thoughts on the need to practice correct behaviors like any other skill?*