

# Teaching Kids How to Solve Problems

by Nicholeen Peck



Two more great videos from mom mentor Nicholeen Peck present powerful ways to manage conflict resolution and help children develop respect and rational behaviors when dealing with emotions, disappointments and disagreements. View the videos on your own and then meet to discuss the concepts presented with your group. "What the home is, society will be."

– C.E. Sargent, Our Home (1884)

## Video 1: How to Teach Kids Emotional Intelligence

<https://www.youtube.com/watch?v=iYu8gM4Jkws>

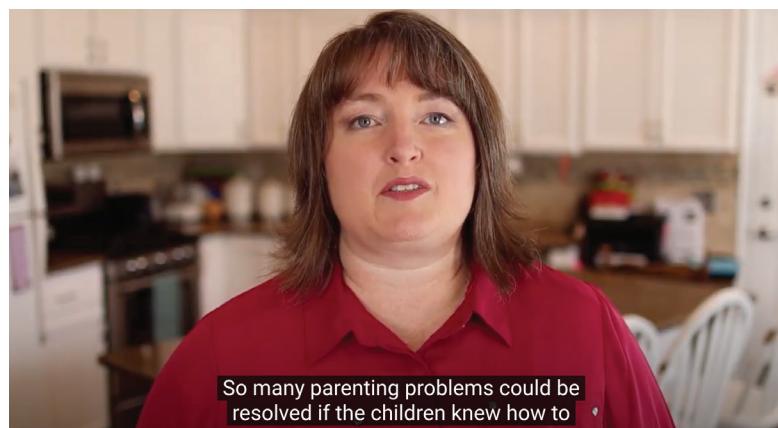
Watch the following video, and answer the discussion questions



## Video 2: Teaching Children Problem Solving Skills

<https://www.youtube.com/watch?v=s6REGGsrTx8>

Watch the following video, and answer the discussion questions



## Discussion Questions

- ★ *What is emotional intelligence? Who is someone you look up to for their emotional intelligence? How can we help our children learn emotional intelligence and how will working on this together strengthen our families?*
- ★ *What, in your opinion, are practices of healthy management and expression of emotion? How does planning how to emotionally handle a future situation help us learn and lead to better decisions?*
- ★ *Why is describing to a child what they did incorrectly and how they can do something correctly the next time important? How can we embrace changing ourselves and teach that to our kids? Why are the laws of cause and effect and understanding those laws so important?*
- ★ *Nicoleen says it's important to learn to shut off emotional reaction and proactively make choices in a logical direction. What is the difference between solving problems emotionally and logically? Nicholeen uses S.O.D.A.S for this.*
- ★ *What do you remember about Nicholeen's explanation of the correction process, how emotions can get the best of us during correction, and how it can be done productively?*
- ★ *Have you had positive experiences when someone has used a pre-teaching method for you?*
- ★ *Why is it so important to understand the "why" behind rules? Can you see parallels to how God teaches us this way?*